**Matchpoint Table Tennis Center Group Training **

**YOUTH BEGINNER TRAINING:** Saturday 10:30 – Noon

Beginners will be taught the basic strokes through the development of correct stroke mechanics and multi-ball drills. They will also learn serving and receiving, basic footwork, and proper positioning.

* **Members $40/class OR $350 Weekly 10 Class Package**
* **Non-Members $50/class OR $450 Weekly 10 Class Package**

**YOUTH INTERMEDIATE TRAINING** (USATT rating above 600 required)**:** Thursday 7:00 – 8:30 pm

Intermediate players will be taught the game and tournament technics and strategies. The training includes rallies and matches play between youth players.

* **Members $45/class OR $400 Weekly 10 Class Package**
* **Non-Members $55/class OR $500 Weekly 10 Class Package**

**ADULT TRAINING**: Saturday 2:00 – 4:00 pm

Players will be taught how to improve the basic skills they have already learned. They will participate in advanced footwork multi-ball drills and learn how to counter topspin, backspin, and sidespin during rallies and serve receiving.

* **Members $45/class OR $400 Weekly 10 Class Package**
* **Non-Members $55/class OR $500 Weekly 10 Class Package**

**ADVANCED YOUTH TRAINING** (USATT rating above 1500 required): Saturday 5 – 7:30 pm

Experienced tournament players will participate in rigorous training consisting of:

* 15-minute warm up
* 1 hour group training with Coaches
* ½ hour players training their fellow players
* 45 minutes of match play or specialized table tennis physical training. Head Coach will evaluate the matchplay.
* **Members $55/class OR $500 Weekly 10 Class Package**
* **Non-Members $65/class OR $600 Weekly 10 Class Package**